

OTSEGO COUNTY  
**sportsplex**  
GAYLORD, MI

# BOOTCAMP

# WORKOUT

**SPORTSPLEX STYLE**  
with LINDA

**MONDAYS 5:45PM-6:45PM**  
Sept 2022-May 2023

**12 SPACES AVAILABLE**

**SIGNUP ONLINE [WWW.OCSPORTSPLEX.COM/FITNESS](http://WWW.OCSPORTSPLEX.COM/FITNESS) OR CALL US @ 989.731.3546**

**Instructor Lead Fitness**  
Aquafit, Spin, Yoga, Bootcamp

	Drop in OTSEGO	Drop in Non-Resident	10 visits OTSEGO	10 visits Non-Resident
Adult	7	9	56	72
Senior/Vet	6	8	48	64

**Instructor Lead Fitness Unlimited**  
Aquafit, Spin, Yoga and Bootcamp

	OTSEGO	Non-Resident
Adult 30-day unlimited	100	125
Senior/Veteran 30-day unlimited	85	105